

PHYSICAL EDUCATION

Dear Student and Parent(s)/Guardian(s),

I would like to welcome you and your child to another exciting year of Physical Education at CREECS! This school year is going to be full of fun, learning, and lots of physical activities. I can't wait to see what this year has in store for us!

Here is a little bit about me. I grew up in McClellanville and attended this very school when it was Archibald Rutledge Academy, where I played basketball and volleyball. Currently, I live in Mount Pleasant with my husband, Steven and our dog, Tillie. I graduated from the University of South Carolina in 2015 with a bachelor's degree in Biological Science. I enjoy sports, spending time with family and friends, and all things outdoors! This will be my fifth-year teaching PE at CREECS. I am incredibly happy to be a part of the CREECS family again this year!

My goal is to provide the skills and opportunities for students to learn and develop an appreciation towards a lifetime of physical activity. They will gain knowledge of physical education, and engage in a variety of individual and team activities, sports, and challenges that will increase their physical, social, and mental abilities, as well as teamwork and cooperation skills. Students will be required to participate with a good attitude and give 100% effort in each activity, every day. If they need to be excused from fitness activities, please provide a note explaining why, and the date when the student will be able to rejoin participation in class. Students must have a pair of gym shoes and are highly encouraged to bring a water bottle.

Please let me know if you have any questions, concerns, or any information that might help me better work with your student. You can always reach me anytime through email at awilliams@creecs.org.

Thank you to the student for participating in Physical Education and to the parent(s)/guardian(s) for allowing me the opportunity to teach your student! I look forward to a wonderful and fit school year together!

Sincerely,
Mrs. Amber W. Meadows
(Physical Education Teacher)

